

Vivekananda Kendra Samachar 2021-2022

50 Golden Years of
Vivekananda Kendra

Amrit
Parivar S

ukhi
vayuthu
ampanna
smakar-lesham
amag dharana



कर्मयोगैकनिष्ठाः

Vivekananda Kendra

50
years
of
Vivekananda Kendra

Vivekananda Kendra

"An aggregate or a congregation of men does not make a nation, nor do the geographical area and duration of time qualify a society to be known as a nation. A government formed on such a basis can be called a state, but not a nation. It is common goal or mission that makes a nation. All the constituents strive collectively for something noble. Service with spiritual orientation results in man-making which invariably and inseparably connected with nation building." It is the core of all the thoughts behind Vivekananda Kendra.



- Eknathji Ranade
Founder - Vivekananda Kendra



Vivekananda Kendra Samachar – 2021-2022

General Secretary's letter

Dear Sisters and Brothers,

Namaskar from the feet of Mother Bharat - Kanyakumari!

It is only through Mother's grace that everything has become normal after the Pandemic.

Bharat is marching forward. We would have observed this. Not only the common masses but our young generation is awakening to take up various responsibilities on their shoulders be it education or technology, innovation or startups. An important area where we can see the dynamic involvement of our youth is in taking the message of Sanatana Dharma not only to each corner of Bharat but to the whole world. Of course this is the responsibility not only of the youth but of all. Everyone has to gear up, our resolve has to be firm and the need is to be more aggressive that is, more focused and faster in one's approach.

For this to be more systematic, our family has to be strengthened. Why so? Whenever there is a challenge in the society and also a great ideal to reach, it is the families that need to be strengthened as family is the basic unit of Indian society.

Towards this, Vivekananda Kendra has taken up "अमृत परिवार"(Amrit Parivar). In our Aashrama vyavastha it is the "गृहस्थाश्रम" (GruhasthAashram) that does nurtures the other three Aashramaas – Brahmacharya, Vaanaprastha and Sannyasa and thereby nurtures the society itself. . For society to be strong, therefore, families need to become strong and rooted in the values of our Sanatan Dharma.

The lead article on "अमृतपरिवार" in this year's Vivekananda Kendra Samachar, will give an overview as well as some guidelines on how to inculcate such aspects in our families. We request you all to go through the article and make efforts to strengthen the practice of such values of life in the family. We will definitely experience a more peaceful, enthusiastic, supporting atmosphere in our own families. We can then take it to more and more families. By doing this we will be doing a great service to our Motherland as the new generation will be marching forward to rebuild our Nation as Swami Vivekananda wanted, he said,"Give me a few Man with Character, I will change the whole scenario of our country"

Vivekananda Rock Memorial stands for reinstating Atmashraddha, Atmasamman, Atmavishwas in everyone. Mananeeya Eknathji through construction of the Vivekananda Rock Memorial and later through the establishment of Vivekananda Kendra gave the mission of BharatmataJagadguru through organised work. All of us are part of this great mission.

As an all-India organization, Vivekananda Kendra is engaged in different types of Service activities all over the country. Details of activities carried out during the financial year 2021-22 are given in subsequent pages. These service activities were made possible only because of your contribution of तन- मन- धन. (tan – man – dhan) While appealing to you to continue your involvement, we also request you to involve more and more people in this national Yajna and actualize the vision of Swami Vivekananda: the vision of Jagadguru Bharat. We look forward to your continued assistance and support in this noble cause.

With prayers,
Yours sincerely

Bhanudas Dhakras
General Secretary



Amrit Parivar

- Nivedita Bhide
Vice President

Swami Vivekananda reminded India that the purpose of India was not only for herself but she has to guide the world with her knowledge which she has nurtured for thousands of years and a way of life based on the vision of oneness. He said, each nation has a message to deliver, a destiny to fulfil, a mission to accomplish. So, what has been the destiny of India? The destiny of India has been a spiritual evolution of man. India sees the whole existence as interconnected, interrelated and interdependent. India sees man as potentially divine and the aim of human life is for the manifestation of that divinity by contributing for the harmony of the collectives like family, society, nation and the whole creation.

The philosophy of India thus helps humanity to live in tune with nature; to accept the latest researches of the science and to make man evolve spiritually. The Hindu civilization is based on eternal laws of existence. As told by Swami Vivekananda, India has become immortal as the nature of the soul because it is here that the Rishi-s discovered the immortality of the soul. It is here that the way of life was developed which is based on eternal principles of existence which guide man to manifest the divinity within and also to behave with others, interact with others with the feeling of Oneness and to live harmoniously with the collectives like family, society, nation and the whole creation. The way of life needed for a man to manifest the divinity was termed as Dharma. Dharma is not religion. Dharma is not just limited to certain religious activities like worship, fasting, japa etc. In Bhagavad Geeta, in the last sloka of the 12th chapter, Bhagavan Shri Krishna calls this Dharma as Amrita Dharma that is immortal Dharma.

India has faced maximum invasions and the rules of adharmic forces which led to the exploitation and destruction of its various systems like village, temple, education, commerce etc. We see in the history of the world that those countries which had to face such barbaric invasions or which had faced colonial rule lost their identity, their culture but we see that India has survived; her tradition has survived. How was it possible? The reason is that though the various systems were broken, one system could continue and that was family system. The Amrita Dharma was nurtured in the Amrita Family and therefore India survived most barbarous invasions including the fleeing colonial rule.

Family is the basic unit of a society, therefore, if in the family the thoughts which build and nourish the nation are nurtured then the nation functions vibrantly. Hence, our Rishi-s had said ***Dhanyo Grihastha Aashram*** – Blessed is the Grihastha Aashrama. Why? Because if families are taken care of, then the society, nation also are taken care of. If Grihastha Aashram is moulded properly, then the other Aashram-s also would be vibrant. Today, when we see challenging situations in our country, our focus should be to promote nourishing of Amrit Dharma in the families.



Vivekananda Kendra Samachar – 2021-2022

Vivekananda Kendra is working with the objectives of man making and nation building. Generally, the man making efforts in Vivekananda Kendra are focused on the individuals through the Vargas in the Karyapaddhati. But if the families are imbued with national consciousness then at least few generations are taken care of. Therefore, since few years the discussions on Hindu griha were conducted in various Kendra Meetings. The basis of Indian Culture is Oneness. For a family to be strong and socially caring, the Oneness is to be nurtured in the family. Geeta is the best spiritual wisdom to nurture the Oneness. Therefore, it was decided, that the Geeta Jayanti should become the festival for the families as participants. Because, it was felt that Geeta is to be understood, studied and lived from the childhood. So, a family is the best place to study, understand, practice and live Geeta. Since few years, Vivekananda Kendra started celebrating Geeta Jayanti by organizing the family workshops, family get togethers, Kutumba Sammelanam on Geeta Jayanti. But seeing the current various cultural attacks, the need is felt for the sustained work among the families so that they are aware and able to protect the Sanatana Dharma, the Amrita Dharma of our nation. Only by holding on to it, the families would be able to face the cultural attacks and disintegration that comes with excessive materialism and extreme individualism. And that is how Amrita Parivar work is taken up by Vivekananda Kendra since last year.

We can see that there are many tangible and intangible invasions on family like materialism, individualism, modernity which means irreverence to everything, self-centeredness, narrow focus on one's own happiness and disregard to the higher and larger aspects of collective life, etc. These thought currents are changing the ambience of the family. The change in ambience of the family is seen in many fields such as food habits, living habits, the uprightness about earning money by right means, the use of electric gadgets, the insistence on marks and certificates alone and not the character. All this have affected capacity of the family to mould the children. Just to give one example the traditional festivals were occasions to come together and to worship and enjoy the homemade sweets; but today on the festival days hoteling, sending cards has become a common sight. The guests were happily welcomed in the families. The rooms were not marked as bedrooms for different persons in the family. The whole house belonged to all. But today that is not the case. At times family members feel that their space gets invaded when guests come and the guests also get feeling as if they are invading the space of the family members and so are un-welcomed. 'Atithi Devo Bhav' may become only the saying and not remain a practice.

Today, the electric gadgets which are supposed to bring the world nearer or connect the persons have actually increased the distance between the family members. Each one is busy with his own mobile, laptop or tablet etc. Before things go out of the hand, it is necessary that the focus should be brought on the family, and the purpose of the married life be imbibed and fulfilled. In what all dimensions the family should grow, evolve, develop, that also needs to be seen. And to achieve that, various meaningful practices are to be consciously followed in the family. Family is the basic unit of the society, so which thoughts are nurtured in the families, gradually, become the nature of the society and the nature of the nation.

There was a time when family ambience was such that automatically children would grow up with values, with an uprightness of character, with the knowledge about one's own culture and tradition. It was possible because apart from the parents, there would be grandparents, uncles and aunts in the family and so the value of caring and sharing was naturally nurtured. It was



easier or we can say effortlessly the children would learn to live with restraint because so many members would be in the family that anything and everything was needed to be shared. But today, with nuclear family and with deliberate invasions through medias, this value of caring and sharing needs to be instilled consciously. As both the parents are working and children are just one or two, instead of instilling values, the parents unconsciously pamper the children. To compensate the time that they do not give to the children, they shower the children with various material objects as and when demanded by them. Instead of character-building, the children grow in 'entitled' mode. This spoils their future life, relationships etc. and that in ultimate run impacts the society, nation and families. Old age homes, destitute homes, orphanages are signs of declined families, failed society and of ungrateful generation. Thus, we need to go to the roots of the topic.

The vision of Oneness which is the basis of our culture is to be inculcated by the repeated Swadhyaya of books like Geeta, Upanishads, Sant literature etc. in the family. Unless the Oneness is inculcated, the practice of values would not be sustained. These books are not to be studied at the fag end of life but they are to be studied for knowing clearly the purpose and principles of life and to practice it in life. For that reason, as one grows, since childhood, such books are to be studied. There cannot be a better place than family for learning this. Family is not just kutumba comprised of the closely related members of the family but it is also a *parivar*, which includes our clan, community, locality, society, pet animals, nature, etc. Focus should therefore be on Parivar. When the Oneness is inculcated well in the Parivar, then the whole world becomes Kutumba – Vasudhaiva Kutumbakam.

Geeta tells us to understand the total picture and in that whatever be our role, it is to be fulfilled as our duty. Geeta inspires man to do his duty. It is in the family, that child learns from the elders to do one's duty sincerely. But what are our duties to the family members, to the society, to the nation, to the whole creation can be understood only if our vision about the existence is clear.

Bhagavad Geeta gives that vision. Geeta says –

"*Atmaupamyenasarvatrasamampashyatiyoarjuna.*"(VI.32). Look at everything as the expression of the Self. 'Prajapati created the mankind and along with that Yagna, so that man could prosper and all the desires of the man would be fulfilled (III.10). Then, he told that, "With this Yagna you nourish the Gods (the bigger collectives of the Self like family, society, nation, nature and Inner being) and may those Gods nourish you; thus nourishing one another, you shall, attain the Highest Good." (III.11)

What does Yagna mean? Yagna is any self-sacrificing work, undertaken in the spirit of self-dedication for the well-being of all. Yagna is any action for oneself, family, community, society, nation, creation into which individual is ready to pour himself entirely in the spirit of service and dedication. Yagna is nurturing and strengthening the expanding layers of existence of the Self like family, community, society, nation, the whole creation and the Divine Inner Being.

Yagna- the spirit of self-dedicated activities, the link with the Virat is seen everywhere: The Sun shines, the moon gleams, the sea throbs, the earth bears, trees flower and bear fruits – all in a



spirit of sacrifice and self-dedicated motherly love with never even a trace of attachment or any kind of self-arrogating motives. The whole world of cosmic powers and nature's phenomena function instinctively in the service of all. When human life is developed and multiplied at all levels; we can easily recognise different degrees of Yagna-activities, which keep up the harmonious growth of existence. Thus, Yagna implies that any achievement is possible if a person knows how to act in the discipline of co-operation with larger collectives.

Individual gets nurtured in family; hence, his expansion of consciousness to bigger collectives is possible primarily in the family. Family is an expanded and organic existence of an individual. Similarly, the expanded form of family is community and so family works in harmony with the community. Expanded form of community is society therefore, community works to nurture the society. The enlarged form of society is nation and therefore, the purpose of society is to re-build and develop the nation. The purpose of existence of the nation is to contribute for the advancement of whole creation, because nation is the part of the world. The whole creation is the expression of the Self or *Paramatman*. Therefore, the real development and expansion of an individual is ultimately realising one's real nature as **Paramatman**.

The goal of human life is to be one with the Paramatman which has manifested in all these collectives and is also beyond all this. Living a life and striving to be one with this all –pervading divinity is Yoga. The way to do it, is Yagna. A person with a vision of Oneness can appreciate the Oneness underlying all the diversities and therefore cherish the diversities and does not denounce it. Similarly, the Yagna way or Yoga way of life alone can add to the harmony and prosperity of the existence. India has to give to the world this message of Oneness of the existence. Today we see that India is facing many dangers from outside and from within. The 'national will' needs to be strengthened in facing these difficulties. The awareness about the purpose of our country and also the problems that we are facing needs to be built up in the families. In the context of this whole philosophy of *Ekatma Darshan*, it is evident that the family is not just the collection of individuals but it is the basic unit of the society with three objectives.

The purpose of family is striving for Dharma, Artha, Kama, Moksha.

1. Family is meant for the propagation of Sanatana Dharma means for social well-being based on Oneness.
2. Family is for Prajanana that is prakarshena Janana means contributing a generation which is physically, mentally, intellectually, culturally and spiritually better than the earlier generation.

In short, family is a basic unit where man-making and nation-building is possible.



Aashrama means striving entirely for the Objectives. The meaning of *Grihasthashrama* is - a stage of married life - where man exerts to achieve the above three objectives. If we focus on our families to actualize these three objectives, then we can very easily face the cultural invasion.

A Parivar where the tradition of immortal (Amrit) culture and Dharma is practiced is Amrit Parivar. A family that is striving to work for the three objectives can be seen in these five dimensions. The Amrit Parivar should be five dimensional – Panchamukhi as given below (5-S)

1. Sukhi – Happy, contented. The basis of family is love for each other, feeling of Oneness with all where each is for all and all are for each. Only such a family would be a happy family. When we stay together, naturally there are some collisions, disagreements, discords. But if love is there, we accept our people as they are and interpersonal relationship is healthy. That acceptance and affection for all, makes the family in a real sense happy.

2. Swastha – Healthy. Proper eating habits, the practices of regular exercises, regular physical work, work culture, cleanliness, inclusive and positive attitude for all etc. would keep all the members in the family healthy. Even if someone falls sick that sickness is not seen as a burden but the love and care of the family cures the person. Apart from this physical understanding of Swastha, another higher and subtler dimension is the family is rooted in 'Swa' in one's tradition and culture and in Oneness.

3. Sampanna- Not lacking economically. All financial needs are fulfilled. Sampanna is not necessarily rich. Sampanna is where you do not feel you are lacking (Vipanna) something. You are contented in earning money through right means and do not hanker for more and more through wrong means. Very rich persons also could be Vipanna and not Sampanna if they are not satisfied with what they have. Apollonius Tyanaeus, a Greek Philosopher in the first century had said that, 'In India I found a race of mortals living on the Earth, but not adhering to it, inhabiting cities but not being fixed to it, possessing everything but possessed by nothing.' Thus, Sampanna is one which is affluent but not addicted to wealth.

4. Samskar-ksham – Able to mould children with proper values of life. One of the main purposes of family is to contribute better children for the society. For that the atmosphere in the family should be such that children inculcate proper values. It was said that *Prajatantu ma Vyavatchesi* – The family line should be continued and should not be broken. The modern science says that to keep population stable, the fertility rate should be 2.1 children. China had adopted one child policy for the sake of material development. But today it stands at the fear of decline of the population and ageing population even though they have withdrawn the one child policy and are encouraging to have more children. The Jananam that is giving birth to children is important but still important is the family should be able to mould the children properly. The practices, festivals, interaction in the family should be such that the children are properly moulded to carry forward the Amrit tradition.



5. Samaj Dharana– Working and contributing for the well-being of the society with national consciousness without expecting anything in return. As the expanding form of the family is society, a family should contribute physically, monetarily and psychologically for the well-being of the society. To do that decidedly family would have to curtail its own needs with respect to time and money but that has to be done as in the well-being of the society lies the well-being of the family.

A family cannot say that it would have only some dimensions like say Sukhi and Sampanna and not others. It cannot be. All five dimensions are interlinked with each other. Therefore, Amrit Parivar should be striving for all these five dimensions simultaneously. The vision of Oneness and the values are inculcated only through the proper practices that are followed in the family and not through lectures. Family needs to strengthen the practices that help in achieving this five-fold development of the family. It also needs to contemplate on the practices that need to be adopted newly so that the it can be Amrit Parivar, nurturing the Amrit tradition.

To trigger the thinking on what all practices in which all areas are to be looked into, Sri Vijay Kaushalji Maharaj has given six 'Bha' to be focussed upon in the family to protect our culture. These are:

1. Bhasha – Language. What language do we use in the home? Are our children proficient in our languages? Is our language courteous, soft, cultured? Are the children in our house culturally literate enough to understand the cultural anecdotes, proverbs? Do we also have at least a workable knowledge of Sanskrit?
2. Bhusha – Dressing. How do the persons in the family dress inside the house and also outside? It is said that 'bathe for oneself and dress for others.' For festivals are we particular about dressing traditionally? Can frequency of traditional dressing be increased if every day it is not worn? Is the dressing reflecting our values or is more getting in the trap of branded clothing, exposure or attention-seeking? Are our clothes more ostentatious or decent?
3. Bhajan – Relating oneself with Ishvara. Does the family have weekly bhajans? Is there a practice to get up before stipulated time, complete bath before stipulated time by all and pray to Ishvara either together or individually as each one's timings in the morning to go for schools, colleges or offices may not align? For us, even India represents Devi Durga. So, the bhajan does not mean only singling some Bhajans but it also means revering our nation and knowing and relating to her culture. So, how is the knowledge of the family members about India, her Culture? What practices are adopted so that on regular basis the knowledge is enhanced and so the family members do not fall prey to the cultural invasions. Can in a family, all members sit together at least once a week and discuss and understand about our culture and the invasions on it and the ways not to fall prey to it?
4. Bhojan – Food. The way it is cooked and eaten. The type and amount of food eaten is directly related to diseases. Is our family gradually falling into the habit of frequent hoteling and getting hotel food delivered at home? It is noticed that these foods contribute to



obesity, diabetics, hyper-tension, heart-attacks and many more diseases. Food even impacts our thinking. What corrective measures can a family take to minimize such eating? If wife is also a working woman, then what help all other family members including her husband are rendering her so that home-cooked food is staple food in the family?

5. Bhavan – Home. The ambience of the home. Are there inspiring portraits on the walls? What magazines come to our homes? What are the practices of the family that are followed regularly? Is there a place where one can pray, meditate or do swadhyaya? How is the family atmosphere and the interactions of the family members specially the old, are they taken care of properly and do they or any member in the family feel neglected
6. Bhraman – Outings. What places do we visit? What are the places do we frequent? Do we go to temple at least once a week? Do we take the children to visit the places of great heroes, places where good service is rendered etc.? Are there practices like visiting every year some place of pilgrimage including the places where good works are undertaken? Is the love for nature inculcated in children by visiting such places and contributing for its upkeep through physical work? Does family go for sight seeing or pilgrimage?

Thus Amrit Parivar is one where all these dimensions are understood and practices decided and developed to achieve the three objectives of Grihastha Ashrama. As family is connected with the society, therefore, the next step is, such Amrit Parivar should strive to reach out to at least 5 to 10 other families to make them Amrit Parivar. It helps in many ways. If a group/sankul of 10 Parivars thus become very close knit, it helps the children to experience the extended family. It creates a safe and secure locality for the children to grow.

When situations deteriorate instead of blaming others it is wise to start from where we are and that is why let us start from our families. Step by step in the direction of the goal and each moment spent in nurturing Amrit Parivar would surely take us to awakened and capable Bharat which can guide the world spiritually.



Amrit Parivar Initiatives



Virtual Workshop on Amrit Parivar



Amrit Parivar program at Jaipur



Amrit Parivar program, Jammu



Amrit Parivar program at Odisha



On Geeta Jayanti "Amrit Pariwar Milan" program were organised by all the Nagar Samitis & VKVs of Arunachal Pradesh



Amrit Parivar interaction at Tirupati, Telugu Prant

Vivekananda Kendra Kanyakumari
spiritually oriented service mission

States Covered 30
Districts Total:678,Covered:224

Vibhags 71

Nagarsthans 109

Karyasthans 129

Prakalpstan 616

Gramsthan 406



Man-Making Nation Building

Kendra Varga Number:1 77|Attendance:2813

Yoga Varga Number: 194|Attendance:7884

Swadhyaya Varga Number: 190|Attendance:2921

Sanskar Varga Number: 624|Attendance:15582

UTSAVAS

Guru Pournima 578 Programs|17514Present

Universal BrotherhoodDay 756Programs|25171Present

Sadhana Diwas 464Programs|19184Present

Geeta Jayanti 937Programs|24626Present

Samartha Bharat Parva 984Programs|48382Present

Pariposhaks- Total: 251998 Nos. Subscribers – Total : 27671 Nos



Vivekananda Kendra Samachar – 2021-2022

Images of 2021-22



President of Vivekananda Kendra
Man. Balakrishnanji and General Secretary
Man. Bhanudasji at the Akhil Bhartiya Adhikari
Baithak - 11-13 February 2022,
Vivekanandapuram, Kanyakumari



Vice-President of Vivekananda Kendra
Man. Nivedita didi and Joint General Secretary
Man. Rekha didi at the Akhil Bhartiya Adhikari
Baithak - 11-13 February 2022,
Vivekanandapuram, Kanyakumari



Inauguration of Swami Vivekananda
Sabhagriham at Kanyakumari by Sri R.N. Ravi,
Governor of Tamilnadu



Yoga Sastra Sangamam Inauguration by
Sri Arif Mohammad Khan, Governor of Kerala



"North-East Calling" Program at Mumbai



Inauguration of VK-VAYAM at Solapur by
Governor of Maharashtra
Sri Bhagat Singh Koshiyari



Vivekananda Kendra Samachar – 2021-2022



Personality Development Camp at Delhi



Vivekananda Kendra Janjati Baithak at Sadguru Foundation. Dahod



Vivekananda Kendra Mahila Samanvay Meeting, Surat



Janajati Sammelan, Kendujhar, Odisha



National Water Award to VK-Nardep



Vivekananda Kendra Samachar – 2021-2022

Dakshin Prant



Anna Puja - Rural Development Project



Ek Bharat Vijayee Bharat Concluding Program - Mysuru



Swami Vivekananda Jayanti at VK Vedic Vision Foundation, Kodungallur, Kerala



Personality Development Camp - Madurai



Parameshwar Tirtham - Green Rameshwaram Project of Nardep.



Choumasik Baithak - Thiruvananthapuram



Guru Pournima at Vivekananda Kendra Prakashan Trust, Chennai



Vivekananda Kendra Samachar – 2021-2022

Maharashtra



Vibhag-

- Kokan Vibhag
- Paschim Maharashtra Vibhag
- Devgiri Vibhag
- Vidarbha Vibhag

Prakalp-

- Vivekananda Kendra Prashikshan va Seva Prakalp, Pimplad
- Vivekananda Kendra Marathi Prakashan Vibhag, Pune
- VK-Vedantic Applications on Yoga and Management, Solapur



Chintan Baithak



New Building of VK-Vedantic Applications for Yoga and Management - Solapur



Vivek Chetana Workshops



VK Prashikshan va Seva Prakalp



VK Marathi Prakashan Vibhag Schemes



Karyakarta Prashikshan Shibir



Vivekananda Kendra Samachar – 2021-2022

Gujarat



Karyakarta Prashikshan Shibir



Dang Prakalp



**VK Gujarati Prakashan Vibhag's
periodical 'Vivek Sudha'**



Anandalay



Karyashala 'V Rock – 50'



Vivekananda Kendra Samachar – 2021-2022

Rajasthan



Rajasthan Prant At a Glance

Area: 342,239 sq. km.
Districts: 33
Populations: 74,627,000
Literacy Rate: 74.04%

Prakalp

- Vivekananda Kendra Hindi Prakashan Vibhag
- Janjati Prakalp, Banswada
- Anandalay



Ek Bharat Vijayee Bharat



Swadhyay Competition



Yoga Satra Concluding - Jodhpur



New titles from VK Hindi Prakashan Vibhag



Swadhyay Varga at Jaipur



Anandalay at Bhilwara



Vivekananda Kendra Samachar – 2021-2022

Madhya Prant



Vibhag

- Bhopal
- Gwalior
- Jabalpur
- Indore
- Chhatisgarh

Projects

- ANANDALAY
- VK-BORL
- SAMARPAN Evam SEVA
- VK NEEDAM
- BUNDELKHAND



Ek Bharat Vijayee Bharat



Vivekananda Jayanti



Sanskar Varga - Jabalpur



Yojak Shibir



VK-Samarpan va Sewa Prkalp



Vivekananda Kendra Samachar – 2021-2022

Uttar Pradesh

Vibhag

1. AWADH (Lucknow)
2. GORAKSHA (Gorakhpur)
3. CHITRAKOOT (Kanpur)

Nagarsthan

1. LUCKNOW
2. GORAKHPUR



Adhikari Pravas - Kanpur



Prant Baithak, Uttar Pradesh



Sadhana Diwas at Lucknow



Ek Bharat Vijayee Bharat Samapan at Lucknow



Gita Jayanti at Ayodhya



Universal Brotherhood Day celebration at Kanpur



Vivekananda Kendra Samachar – 2021-2022

Haryana



Prant Karyakarta Prashikshan Shibir

Punjab



Hon. Governor of Punjab releasing Story of Vivekananda Rock Memorial in Punjabi



Vyakhyan at Sonipat



Youth Workshop



Scholarship Program - Karnal



Adhikari Pravas - Pathankot



Vivekananda Kendra Samachar – 2021-2022

UTTAR PRANT

Vibhag

- Delhi
- Himachal Pradesh
- Jammu & Kashmir
- Uttarakhand

Prakalp

- Vivekananda International Foundation, Delhi
- Sri Ramakrishna Mahasammelan Ashram, Nagdandi, Kashmir



Young India, Know Thyself! Workshop at Jammu



Delegates from Bangladesh at Vivekananda International Foundation, Delhi



Kendra Vice President Ma. Hanumanthraoji with Governor of Himachal Pradesh



Gita Jayanti at Delhi



Personality Development Camp at SRMA Nagdandi, Kashmir



Baithak at Haldwani, Uttarakhand



Arunachal Pradesh



Vibhag

- Tirap
- Lohit
- Siang
- Subansiri
- Kameng

Prakalp

- Vivekananda Kendra Kanyakumari, Arunachal Prant
- Vivekananda Kendra Vidyalayas
- Vivekananda Kendra Arun Jyoti



Adhikari Shibir



Vijay hi Vijay



Students from VKV Tafrogam, VKV Balijan band & VKV Nirjuli participated in the National Kho Kho Championship at Bhubaneswar, Odisha



Students of VKV Nirjuli and VKV Oyan entered into "Guinness Book of Records" as being participant of the tag "The most people assembling rainwater harvesting kits online and in a single venue simultaneously."



Swasthya Sewa activites of Arun Jyoti

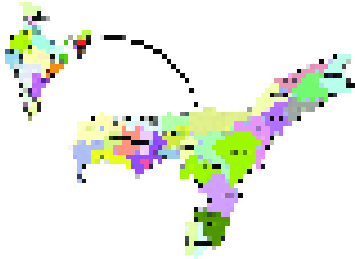


Anandalay



Vivekananda Kendra Samachar – 2021-2022

Assam



Vibhag

- Dhemaji
- Viswanath-Shonitpur-Darrang
- Kamrup
- Morigaon-Nagaon-Hojai-W karbi Anglong
- Golakhat Karbi Anglong
- Dibrugarh-Tinsukia
- Goalpara-Dhubri-Borpeta-Bongaigaon-Nalbari
- Barak-Dima Hasao
- Jorhat-Majuli-Sivasar

Projects

1. Vivekananda Kendra Institute of Culture
2. Vivekananda Kendra Shiksha Prasar Vibhag
3. Vivekananda Kendra Asomiya Prakashan Vibhag
4. Vivekananda Kendra Anandalayas
5. Vivekananda Kendra NRL Hospital
6. Vivekananda Kendra NRL School of Nursing
7. Vivekananda Kendra Swasthya Seva Sadan
8. Vivekananda Kendra Rural Welfare Project
9. Vivekananda Kendra Skill Development (Agriculture)



Sadhana Diwas at VK Golaghat



Anandalay at Goalpada



National Seminar organised by Vivekananda Kendra Institute of Culture



Science Exhibition at VKV Umrangso



VK Asomiya Prakashan



Batch of NRL School of Nursing



Vivekananda Kendra Samachar – 2021-2022

Paschim Banga Prant

Prakalp

- Anandalay at Durgapur
- Andaman
- Bangla Prakashan



Bhumi Poojan of VK Pradanam, Centre For Yoga, Meditation, Skill Development & Indian Knowledge System at Sukhchar



At Vivekananda Kendra Vidyalaya, Andman



Yoga Satra



Adhikari Pravasa at VKV Andman



Anandalay at Durgapur



New Book from VK Bangla Prakashan Vibhag



Vivekananda Kendra Samachar – 2021-2022

Bihar



Vibhag - Patna, Bhagalpur, Jharkhand
Nagarsthan - Patna, Gaya, Bhagalpur
Prakalp-sthan- Bhagalpur, Chandil, Ranchi



Vimarsh at Bhagalpur



Vimarsh at Patna



Vimarsh at Ranchi



Vivekananda Jayanti at Banka



Prant Karyakarta Prashikshan Shibir



Guru Purnima at Chandil



Vivekananda Kendra Samachar – 2021-2022

Odisha

	<u>Vibhag</u> <ul style="list-style-type: none">- South (Bhanja)- Coastal (Vani)- Western (Jyoti)	<u>Projects</u> <ul style="list-style-type: none">- VK-AICYAM- VK Odisha Prakashan Vibhag- Odisha Sewa Prakalp- VK-PRMS Hospital
---	--	--



Samarth Bharat Parva at Brahmpur



VK-AICYAM Samman conferred upon Sri Makardhwaja Naik of Bathudi Samaj



Sanskar Varga



Titles of VK Odisha Prakashan Vibhag



Blood Donation Camp by Odisha Sewa Prakalp



Vaccination at VK-PRMS Hospital



Vivekananda Kendra Samachar – 2021-2022

Telugu Prant



- States Covered : 2
Andhra Pradesh &
Telangana
- Districts / taluk / M
Covered: 11

Prakalp

- Vivekananda Kendra Telugu Prachurana Vibhag
- VK Kaushalam



Yoga Varga at Kadapa



VK Godawari Vibhag



**Prant Karyakarta Prashikshan Shibir of
Telugu Prant at Kaushalam, Hyderabad**



Sanskar Varga at Nagole, Hyderabad



Sanskar Varga at Kakinada



Program at VK Tirupati



Vivekananda Kendra Samachar – 2021-2022

Monuments and Exhibitions at Kanyakumari

1. Vivekananda Rock Memorial
2. Wandering Monk Exhibition
3. Ramayan Darshanam – Bharatmata Sadanam
4. Arise! Awake!! Exhibition
5. Gangotri Exhibition
6. Gramodaya Darshan Park



**Vivekananda Rock Memorial,
Kanyakumari**



Ramayan Darshanam, Kanyakumari

Visitors to VRM and Exhibitions

S.No	Name	2021- 2022
1	Visitors on the Vivekananda Rock Memorial	5,36,096
2	Visitors to Arise Awake Exhibition	6,552
3	Visitors to W.Monk Exhibition	4,096
4	Visitors to Gangotri Exhibition	158
5	Visitors to Gramodaya Darshan Park	156
6	Visitors to Ramayan Darshnam	31,233
5	Visitors stayed in the Campus	50,823
6	Organisations conducted their programs in the Campus	20 Programs Participated- 1900
7	Motivation camp for the Karyakartas	Participated - 101



Vivekananda Kendra Samachar – 2021-2022

Activities in Vivekanandapuram at Kanyakumari

1. Administrative Head Quarters of Vivekananda Rock Memorial & Vivekananda Kendra
2. Providing good accommodation at nominal rates to the pilgrims in a clean and serene atmosphere of
3. Vivekanandapuram campus in Kanyakumari. Double Bedded deluxe and AC rooms and AC cottages are also available.
4. Training Centre and hostel for the dedicated workers who join Kendra as Jivanvrties/Shiksharthis/Sevavraties/Vanaprathis
5. Maintenance of Vivekananda Rock Memorial
6. Providing outpatient medical facility for the pilgrims in the Allopathic and Siddha dispensary
7. Facilities available inside the Kendra campus for the benefit of the pilgrims who stay there – A) State Bank of India branch with ATM facility B) Post Office C) Vegetarian Restaurant D) 24 hour water & power supply E) Gauseva F) Granthalay (Library & Reading room)
8. Dhyan Mandir (daily Prathahsmran at 05.15 AM, Gita Pathan @ 07.30 AM & Bhahan @ 06.30 PM)
9. Higher Secondary School catering to nearby 1500 students of the local area
10. Vivekananda Mandapam and Ekanathji's Samadhi
11. Vivekanandapuram beach and Sun-Rise point
12. Books Stall of Ramakrishna Vivekananda Literature
13. AC Auditorium – 250 seats
14. Peacock Sanctuary



Independence Day - Vivekanandapuram,
Kanyakumari



Accommodation for Pilgrims at
Vivekanandapuram, Kanyakumari



SHIBIR CALENDER - 2023
(for General Public)

NAME OF THE SHIBIR	DATES	AGE	CAMP DONATION
Spiritual Retreat (Eng & Hindi)	February 22 – 28	18 to 65	Rs.3000/-
Yoga Shiksha Shibir (Eng & Hindi)	May 1 – 15	18 to 65	Rs.4000/-
Yoga Certificate Course (Eng & Hindi)	May 1 – 30	18 to 65	Rs.10000/-
Spiritual Retreat (Eng & Hindi)	Aug 8 – 14	18 to 65	Rs.3000/-
Yoga Shiksha Shibir (Eng & Hindi)	Nov 22 – Dec 6	18 to 65	Rs.4000/-
Yoga Certificate Course (Eng & Hindi)	Nov 22 – Dec 21	18 to 65	Rs.10000/-

Further details: E-mail: camps@vkendra.org / Phone: 247012
Vivekananda Kendra, Vivekanandapuram, Kanyakumari – 629 702
Visit : www.vkendra.org for more details



Spiritual Retreat at Kanyakumari



Shraddhanjali



Assam Chief Minister Himanta Biswa Sarma, RSS Sarkaryavah Dattatreya Hosabale paying tribute to Shri Dipok Kumar Barthakur, Vivekananda Kendra Guide in Northeast. Chairman VKIC, Guwahati and VK NRL Hospital in Assam.

1. Swami Vageeshanandaji - Vice President Ramakrishna Mission, Belur
2. Swami Omkarananda Saraswatiji, Sri Swami Chidbhananda Ashramam at Vedapuri in Theni
3. Mahant Samvit Songiri Maharaj, Shivbari Math in Bikaner.
4. Swami Shantimayanandaji Maharaj (Narasimham Maharaj) at Amrita Institute of Medical Science, Kochi.
5. Sri Radheshyam Khemkaji, President, Gita Press & Editor of its famous magazine, Kalyan, Gorakhpur
6. Sri Jagamohanji, First Chairman of Vivekananda Kendra International, Delhi, Former Governor of Jammu & Kashmir.
7. Sri Virbhadr Singh, Former Chief Minister of Himachal Pradesh – Chairman of VRM Himachal Pradesh Samiti during construction of Vivekananda Rock Memorial
8. Sri Basudev Jhunjunwala, Kolkata – Former Office Secretary, Vivekananda Kendra Kanyakumari
9. Sri R. Jagadeesa Sankar, Sivakasi.
10. Er. G. Srinivasan, one of the founding members of Aravind Eye Hospitals
11. Sri Narendra Kohliji – Hindi Sahityik
12. Sri Mahadev Jalan, Dibrugarh – VK Well-wisher.
13. General Bipin Rawat, an Indian Military Officer. He served first Chief of Defence Staff of Indian Armed Forces.
14. Sushri. Lata Mangeshkar, Gaan Kokila, Bharat Ratna Awardee.
15. Shri Dipok Kumar Barthakur, Vivekananda Kendra Guide in Northeast. Chairman VKIC, Guwahati and VK NRL Hospital in Assam



Some Important Visitors to Vivekananda Rock Memorial



Shri R.N. Ravi, Governor of Tamil Nadu, visited Vivekananda Rock Memorial to pay tributes to Swami Vivekananda

1. Shri R.N. Ravi, Governor of Tamil Nadu
2. Shri Faggan Singh Kulaste, Ministry of Rural Development, Government of India
3. Shri Kulwant Singh Heer, Commandant, 27, BN, PAP, Jalandhar, Punjab
4. Shri I.K. Pandey, Director, General Road Development, Spl. Secretary, New Delhi.
5. Shri Raghvinder Nath Joshi, Zonal Director, South Western Zone, Indian Airforce
6. Shri Mukesh Singhal, NPCIL OF INDIA

50 Golden Years of Vivekananda Kendra 1972 - 2022



07.01.1972 Vivekananda Kendra came into being. Flag hoisting on the Rock at Sun rise and lowering at Sun set started. A Spiritually Oriented Service Mission to take Swami Vivekananda's message of 'Man Making Nation Building' with 'Serve Man Serve God'



30.08.1973 to 24.03.1974 First batch of Life workers training started. A unique program to train missionaries – brothers and sisters.

20.07.1978 Guru Pournima - First Diksha karyakaram for 11 Jeevanvratīs (9 Brothers, 2 Sisters) in Vivekandnapuram. Kendra prayer introduced, composed by Dr. Shridhar Bhaskar Warnekar.

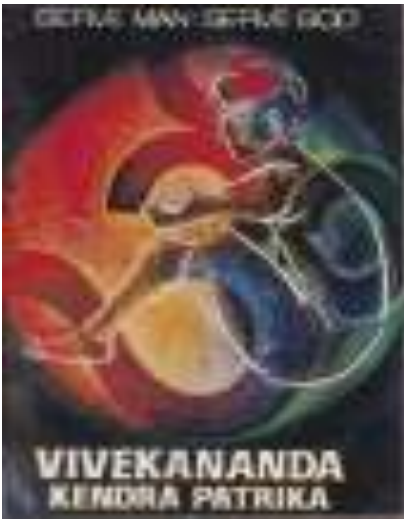
18.07.1977 Vivekananda Bal Vidyalaya at Port Blair

29.09.1977 Vivekananda Kendra Vidyalaya (Residential), Sher was inaugurated by Col K A A Raja, Lt. Governor of Arunachal Pradesh



50 Golden Years of Vivekananda Kendra 1972 - 2022

First Issue of "Kendra Patrika"



16.02.1972 Vivekananda Kendra Patrika, First issue "Serve Man Serve God" was released

First Yoga Shibir



02.05.1976 to 22.05.1976 First Yoga Shibir at Vivekanandapuram

Iconic Buildings at Vivekanandapuram



31.01.1973 Iconic Nalanda Granthalaya and Patanjali hall at Vivekanandapuram, Kanyakumari built.

Third Phase of Vivekananda Kendra Movement



21.01.1981 Vivekananda International started

Rural Development Project



1981 Rural Development Programme commenced with Balwadis in Kanyakumari District

VK-NARDEP



12.01.1986 VK NARDEP (Natural Resource Development Project) established

50 Golden Years of Vivekananda Kendra 1972 - 2022

Vivekananda Bharat Parikrama



12.01.1992 To 24.12.1992 : Vivekananda Bharat Parikrama – 22,000 kms –187 towns - 247 days – under the leadership of Mananeeya Dr Lakshmi Kumari Didi – got disrupted from 6 Dec 1992.... Vivek Jyotis were taken out from the states where Parikrama was not going. Andaman, Andhra Pradesh, Odisha, Haryana, Punjab, Jammu & Kashmir, Himachal Pradesh and North Eastern States – a Cycling Expedition on Southern Bank of Brahmaputra and Vivek Jyoti Walkathon on the Northern Bank of Brhamaputra.... Later completed along with Tamil Nadu Parikrama (ULA) in 1995.

Vivekananda Kendra Institute of Culture



31.01.1996 VK Institute of Culture at Guwahati started its working with Vimarsha in 1993.

VK-Arun Jyoti



1993 – VK Arunjyoti program launched for All Round Development of Arunachal Pradesh through Yuva Manch, Swasthya Manch, Anoupacharik Shiksha Manch, Mahila Manch and Samskrutik Manch

VK-Vedic Vision Foundation



12.01.1996 VK Vedic Vision Foundation inaugurated at Chennai by Revered Swami Gautamananda, President Ramakrishna Math, Mylapore

50 Golden Years of Vivekananda Kendra 1972 - 2022

VK-Prashikshan va Sewa Prakalp



12.01.1997 VK Prashikshan va Seva Prakalp at Pimiplad, Nasik was inaugurated

Acharya Prashikshan Shibir



In 1997 Acharya Prashikshan Shibir - A month long duration shibir every year for new teachers of all VKVs at Kanyakumari began

VK-NRL Hospital



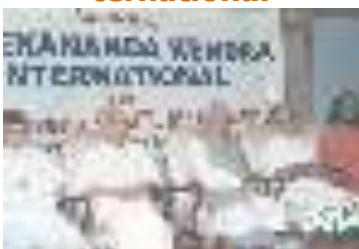
April 1998 VKNRL Hospital, Numaligarh – first venture in the field of Swasthya with the financial assistance from Numaligarh Refinery Ltd – started.

Akhil Bhartiya Adhikari Baithak



14 Nov to 19 Nov 1983 the meeting with well wishers began which later was around 22 Aug of every year. Later in 2002, it became an Akhil Bharatiya Adhikari Baithak. First was in Kanyakumari. Since then, we had baithaks in Nagpur, Vadodara, Lucknow, Bhopal, Guwahati, Delhi, Kolkata, Jaipur, Sambhaji Nagar, Nalbari, Bhubaneswar, Nirjuli. In 2013 there was no baithak. And in other years it was in Kanyakumari

Vivekananda Kendra In- ternational



23.05.2003 Sri A.B. Vajpayee, Prime Minister of India launched the Project "Vivekananda Kendra International" at New Delhi.

World Record



19.11.2005 Vivekananda Kendra, Gwalior, got entry in the "Guinness Book of World Records" for organizing a Samuhik Suryanamaskar in which 29,973 school students participated.

International Ashden Award



15.06.2006 Vivekananda Kendra, NARDEP won the prestigious international ASHDEN Award (called the Green Oscar) for Sustainable Energy for 2006. Sri G. Vasudeo received the Award from the Prince of Wales in London.

50 Golden Years of Vivekananda Kendra 1972 - 2022

Swami Vivekananda Sardh Shati Samaroh



Nationwide celebration of Swami Vivekananda's 150th Birth Anniversary

Mananeeya Eknathji Janm Shati Parva



09.11.2014 A year-long celebration of "Ma. Eknathji Janma Shati Parva" was inaugurated by Sri Narendra Modi, Prime Minister of India at Vijnan Bhavan, New Delhi. Revered Swami Govind Giri Maharaj, President of Bharatmata Mandir, Haridwar, graced the occasion.

Vivekananda Kendra Vidya- layas in Arunachal Pradesh - Celebrations



Vivekananda Kendra Vidyalaya's 40 years in Arunachal Pradesh, celebrations with President of India

Padma Vibhushan



In 2018 Padma Vibhushan was awarded to Mananeeya P Parameswaranji, then President of Vivekanandana Kendra Kanyakumari.

Arunachal Pradesh Honors



20.02.2014 Government of Arunachal Pradesh honoured Sri A. Balakrishnanji, then Vice-President, Vivekananda Kendra, with State Award for his excellent service in the field of Education in the State in the hands of the Governor.

Padma Shri



2016 Man. Nivedita Didi, Vide-President, Vivekananda Kendra was awarded "Padma Shri" for her contribution to social work. The Padma Shri was awarded by the President on 2017

Ek Bharat Vijayi Bharat



12-4.08.2019 Ek Bharat Vijayi Bharat – Vivekananda Kendra Adhikaris made the first sampark with the President, Vice-President and Prime Minister of India respectively

Ramayan Darshanam & Bharat Mata Mandir



13.07.2015 The Triple Project – Ramayana Darshanam, Bharatmata Sadanam and Hanuman Statue in Vivekanandapuram. A Hanuman Statue and Bharatmata Statue were inaugurated Hon'ble Prime Minister Sri Narendrabhai ji on 12 Jan 2017.

Gandhi Peace Prize



26.02.2019 "Gandhi Peace Prize" for 2015 was conferred to Vivekananda Kendra for its Rural and Educational work in the country.

50 Golden Years of Vivekananda Kendra 1972 - 2022

Presidents of Vivekananda Kendra



Prof. Mahadevan
(7 Jan 1972 to 5 Sept 1976)



Prof. K. N. Vaswani
(Sept 1976 to April 1978)



Ma. Eknathji
(April 1978 to 22 Aug 1982)



Ma. Dr. Lakshmi Kumari didi
(1984 to 1995)



Ma. P Parameswaranji
(1995 to 9 Feb 2020)



Ma. A Balakrishnan ji
(since 19 July 2020)

The work which began in 1972 today has around 1810 Adhikaris, 6737 dayitvavan karyakartas, 2100 teaching & other staff members and 180 Jeevanvratis, Shiksharthis, Sevavratis, Vanprasthis that 106 nagar sthan, 135 karya sthan, 615 Prakalp sthans in 26 states & 4 UTs.

50 Golden Years of Vivekananda Kendra 1972 - 2022



Overview of Vivekananda Kendra

	1980	1990	2000	2010	Today
Charya Seva	26	45	82	100	241
Shakya	5	8	9	17	10
Swami Ashram	12	22	32	220	615
Vidyalaya	10	19	28	61	81
Students	300	4385	11902	23276	33996
Charya	approx 4098	22036	71883	140698	248334



Do you hear Swami Vivekananda Saying?



Are you among those who Swamiji had in mind? Come, dedicate yourself for the service of the nation as full-time Worker of Vivekananda Kendra, Kanyakumari – A Spiritually Oriented Service Mission.

It is not a career – but a Mission. Your Well-Being would be taken care of by the Vivekananda Kendra.

Come All – Dedicate and Serve

Send email for the details at : info@vkendra.org

Visit: www.vkendra.org



An Appeal

Vivekananda Kendra is an opportunity for those young men and women who want to live a meaningful life by serving the needy. Retired but energetic persons can also offer their services for the nation through Vivekananda Kendra. You are welcome for this Man-Making and Nation Building work by dedicating your whole life or at least a few precious years of your life.

The Kendra also appeals to those who want to share their time and money for the regeneration of our Motherland and for helping our brethren, who are in the interior regionsAnd towards this,

1. Offer your services, expertise and or money to any of our branch centers or projects.
2. Motivate qualified and capable service minded youth, both men and women, to join us.
3. Motivate qualified and capable youth to join our school as teachers.
4. Become patrons, by joining Kendra's Patron Scheme.
5. Become and get subscribers for our journals.
6. Purchase our publications, diaries, calendars and greeting cards.
7. Sponsor educational expenses of needy students in our schools.
8. Attend and motivate others to attend our camps.
9. Donate generously for Kendra's various service Projects.

Donations to Vivekananda Kendra are entitled to income Tax Exemption under Section 80-G Income Tax Act.

The amount can be paid by cash or cheque/money order/demand draft in favor of "Vivekananda Kendra" payable at State Bank of India, Vivekanandapuram, Kanyakumari or by directly depositing in our State Bank of India Core Banking Account Number 11305877361 (IFSC Code: SBIN0003780).

For further details, Contact :






The General Secretary,
Vivekanandapuram,
Kanyakumari – 629702
Phone: 04652-247012
Email: info@vkendra.org



Vivekananda Kendra Samachar – 2021-2022

Vivekananda Kendra on Social Media



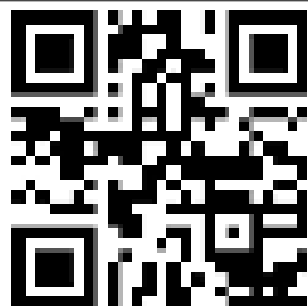
Main Channel https://youtube.com/vrmvk		Activity Channel https://youtube.com/vkactivity	
Padawali https://youtube.com/padawali		SahityaSeva https://youtube.com/vkprakashan	
		Facebook Page https://fb.com/VivekanandaKendraKanyakumari	
		Twitter: https://twitter.com/vkendra	
		Flickr https://flickr.com/vivekanandakendra	
		Instagram https://instagram.com/vrmvk	
		Swami Vivekananda Daily Quotation (Hindi & Eng) Telegram Channel : https://t.me/dailyvivek VK Update Telegram Channel : https://t.me/vkendra Blog : https://blog.vrmvk.org	

Dear Patrons, Donors, Subscribers, Well wishers-

Kindly update your communications de-

tails(Email/Mobile/Whatsapp/etc) so that we can serve you better by sending digital magazine, useful information regarding yoga and children camps and similar activities useful to you and your family. In these times and also in future, online communication is taking the front seat and will be the most potent medium. So, kindly let us be connected digitally too in our Yajna of connecting the world together.

Kindly update from here :





<http://update.vkendra.org>



Your Contribution Matters

Vivekananda Kendra provides opportunities to all to join hands in carrying out its socially relevant service activities

Patron	Child Education	General
<p>Be a Patron and have satisfaction that you are also supporting the Dedicated workers for their Yogakshema.</p>	<p>Help in educating the next generation - The needy children of North-East and elsewhere need your support. You can make their future.</p>	<p>For conducting regular activities like projects, relief work, awareness programs, health programs, etc.</p>
<p>Construction</p>	<p>Own A Room Scheme</p>	
<p>Vivekananda Kendra Training Institute for Excellence at Solapur, A conference/meeting hall to hold a large gathering at Kanyakumari – several such construction activities can benefit by your support.</p>	<p>Vivekananda Kendra has a scheme through which one can own a room in their name in the Vivekanandapuram campus. Similarly can donate and have your name on Vivekananda Rock Memorial.</p>	
<p>You can donate from here- http://donate.vkendra.org/</p>		

National Conference on YOGA



Vivekananda Kendra

(Yoga Sastra Sangamam)

At Vivekananda Kendra Kanyakumari

From 24 to 26 February 2023

The Objective : To understand the Yoga Texts deeply, to project Yoga as a tool for Man Making and Nation Building and To inspire participants to study, understand and **Practice** Yoga Texts.

Contents : Multi track Paper presentations in Hindi and English, Poster Presentations, Panel Discussions, Key-note addresses, Yoga Practices and **Recitation Competition of Patanjali Yoga Sutras.**

Who can participate : Yoga Enthusiasts, Yoga Teachers, Students, Professionals and Beginners, Students and Professors of Sanskrit.

Food and Accommodation : Vegetarian food and Sharing Accommodation inside the campus.

Environment : Inspiring on the banks of the ocean, Salubrious, Green, Calm, Serene and Peaceful.

Invitation for Paper Presentations : In Hindi and English. Discussion, elaboration and understanding of Sanskrit Yoga Texts / Sastra like Yoga Upanishads, Yoga Sutras, Hatha Pradipika etc..

Yoga Therapy oriented Papers need not be sent.

RECITATION COMPETITION OF PATANJALI YOGA SUTRAS

(Any TWO Padas in series
Attractive Prizes will be awarded)

Last date to Submit Synopsis : 10 February 2023
Last date to Submit Final Papers : 15 February 2023
Last date for Registration : 20 February 2023
To Reach Kanyakumari : 24 February 2023, **TAM**

Registration: Dormitory Accommodation: Rs. 1,500/-
Non AC Room with sharing: Rs. 3,000/-
AC Room with sharing - Rs. 5,000/-
(Registration amount includes food and accommodation)

You can transfer online into

A/C No. 57038910344
IFS Code : SBIN0070013

For all details contact :

yoga@vkendra.org

Visit : <http://www.vnmvk.yoga>

SCAN & PAY



The main theme of my life is to take the message of Sanatan Dharma to every home and pave the way for launching in a big way the man making programmes preached and envisaged by great seers like Swami Vivekananda.

- Eknathji Ranade
Founder - Vivekananda Kendra



Vivekananda Kendra
Vivekanandapuram,
Kanyakumari-629 702 TN
www.vrmvk.org