

Header: 3



Vivekananda Rock Memorial & Vivekananda Kendra

Yoga Shiksha Shibir at Kashmir 2019
Thu, 20/06/2019 - 17:00

20-06-2019 17:00 - 1-07-2019 05:00

Vivekananda Kendra, Ramakrishana Mahasammelan Ashram, Nagdandi, Achabal, Anantnag,
Kashmir- 192201

Yoga Shiksha Shibir @ Kashmir

19 April 2019 / Comments

Medium : Hindi

Date : 21 to 30 June, 2019

Place : Vivekananda Kendra, Ramakrishana Mahasammelan Ashram, Nagdandi,
Achabal, Anantnag,

Kashmir- 192201 (J&K)

Camp Contribution : Rs.4,000/- [Camp Donations are non-refundable]

Any Physically and Mentally fit person in the age group of 18-60 years. The participant should be able to perform various Yogasanas and exercises. And partake enthusiastically in Camp Schedule : **morning 5am to night 10pm.**

The Camp is fully residential. Simple dormitory accommodation is provided separately

for Ladies and Gents. We provide simple vegetarian food.

Participants should report at Shibir office one day before the camp starts i.e. 20th June 2019 latest by 6pm and can leave only next morning of the concluding day i.e. 1st July 2019. **Late reporting and/or leaving before the camp concludes are strictly not allowed.**

For more details...

Contact:

Webmaster Vivekananda Kendra

+91-941-801-5995 {Time 10am to 1pm & 2pm to 6pm on Working Day}

nagdandi@vkendra.org

[Online form : Yoga Shiksha Shibir at Kashmir](#)

Source URL: <https://www.vrmvk.org/events/yoga-shiksha-shibir-kashmir-2019>